

Appendix I: Observational Studies Published by Naturopathic Researchers

1. Aberdour, S. and Henri-Bhargava, A., *P. 100 A competency-based stroke curriculum for non-neurologists*. Canadian Journal of Neurological Sciences, 2017. 44(S2): p. S39.
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Appendix II: Systematic Reviews and Meta-Analyses Published by Naturopathic Researchers

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Appendix III: Abbreviations

2hrPG	Plasma Glucose two hour	BFI	Brief Fatigue Index
2PD	2-point discrimination threshold	BFM	Body fat mass
25(OH)D	25-hydroxycholecalciferol	BI	Bilirubin indirect
5-HETE	5-hydroxyeicosatetraenoic acid	BL	Baseline
5-MTHF	Methyltetrahydrofolate	BMI	Body mass index
8OHdG	8-hydroxy-2'-deoxyguanosine	BNYS	Bachelor of Naturopathy and Yogic Studies
AA	Arachidonic acid	bp	Back pain
AANMC	Association of Accredited Naturopathic Medical Colleges	BP	Blood pressure
AANP	American Association of Naturopathic Physicians	BPI	Brief Pain Inventory
AC	Alternating compresses	BPI-SF	Brief Pain Inventory – Short Form
Acu	Acupuncture	BPI-WP	Brief Pain Inventory – Worst Pain
ADAS-cog	Alzheimer's Disease Assessment Scale – cognitive subscale	BR	Breathing rate
ADCS-ADL	Alzheimer's Disease Cooperative Study – activity of daily living subscale	BRS	Body Responsiveness Questionnaire
AEs	Adverse Events	BRUMS	Brunel Mood Scale
ADHD	Attention deficit/hyperactivity disorder	BSI	Brief Symptom Inventory
ADL	Activities of Daily Living	BSQ	Bowel Symptoms Questionnaire
ADOS	Autism Diagnostic Observation Schedule	BUN	Blood urea nitrogen
AFRO	African Region	C-IBS	Constipation-predominant IBS
AIOS	Arizona Integrative Outcome Scale	CAGB	coronary artery bypass graft
ALP	Alkaline phosphatase	CAINS	Clinical Assessment Interview Negative Symptoms
ALSWH	Australian Longitudinal Study on Women's Health	CAM	Complementary and Alternative Medicine
ALT	Alanine transferase	CANRA	Canadian Alliance of Naturopathic Regulatory Authorities
AMH	Anti-mullerian hormone	CAP	Cold abdominal pack
AMRO	Region of the Americas	CAR	Cortisol awakening response
ANC	Adjunctive naturopathic care	CBT	Cognitive behavioural therapy
AQLQ	Asthma Quality of Life Questionnaire	CCNM	Canadian College of Naturopathic Medicine
AQoL-4D	Assessment of Quality of Life	CCRYN	Central Council for Research in Yoga & Naturopathy
ARONAH	Australian Register of Naturopaths and Herbalists	CD4	CD4+ lymphocyte white blood cell
ARS	Adequate Relief Scale	CD8	CD8+ lymphocyte white blood cell
ART	Antiretroviral treatment	CD-RISC	Conner-Davidson Resilience Scale
ASDs	Autism spectrum disorders	CDR	Clinical Dementia Rating
ASES-D	Arthritis Specific Self-Efficacy Short Form Scale	CFQ	Chalder Fatigue Scale
ASEX	Arizona Sexual Experience Questionnaire	CFS	Chronic fatigue syndrome
AST	Aspartate aminotransferase	CFU	Colony forming units
ATEC	Autism Treatment Evaluation Checklist	CGI	Clinical Global Impression Scale
AYUSH	Ayurveda, Yoga and Naturopathy, Unani Medicine, Siddhu and Homeopathy	CGI-S	Clinical Global Impression Scale – Severity
BAI	Beck Anxiety Index	CGI-I	Clinical Global Impression Scale – Improvement
BAQ	Body Awareness Questionnaire	CINV	Chemotherapy-induced nausea and vomiting
BBS	Berg Balance Scale	CIPN	Chemotherapy-induced peripheral neuropathy
BD	Bilirubin direct	CLS	Conjugated linoleic acid
BDI	Becks Depression Inventory	CK	Creatine kinase
BDI-II	Becks Depression Inventory 2nd edition	CNME	Council on Naturopathic Medical Education
BDNF	Brain derived neurotrophic factor	COMPASS	Computerised Mental Performance Assessment System
BF	Body fat	CNP	Chronic neck pain
		COAT	Comprehensive Arthritis Test

Appendix III: Abbreviations

COMT	Catechol-O-methyltransferase		Therapy
COPD	Chronic Obstructive Pulmonary Disease	FACT	Functional Assessment of Cancer Therapy
COQ10	Coenzyme Q10	FACT-B/ES	Functional Assessment of Cancer Therapy – Breast and Endocrine System
Cp	Ceruloplasmin		
CPRS	Connors Parent Rating Scale	FACT-C	Functional Assessment of Cancer Therapy – Colorectal
CPSS	Cohen Perceived Stress Scale		
CRP	C-reactive protein	FACT-ES	Functional Assessment of Cancer Therapy – Endocrine System
CSIRO	Common-Wealth Scientific and Industrial Research Organisation	FACT-G	Functional Assessment of Cancer Therapy – General
CST	Craniosacral therapy		
CT	Computed tomography	FACT-NTX	Functional Assessment of Cancer Therapy – Neurotoxicity
CVD	Cardiovascular disease		
CWS	Cancer Worry Scale	FACT-TAX	Functional Assessment of Cancer Therapy – Taxane
CYRM	Child and Youth Resilience Measure		
CZSD	Copper-zinc superoxide dismutase	FACT-TOI	Functional Assessment of Cancer Therapy – Taxane Trial Outcome Index
CV	Conception vessel		
D	Day	FAS	Food allergy/sensitivity symptoms
DA-IBS	Alternating bowel habit IBS	FFI	Foot Functional Index
DASS	Depression Anxiety Stress Scale	FGID	Functional gastrointestinal disorders
Db	Double blind	FIQ	Fibromyalgia Impact Questionnaire
DBP	Diastolic blood pressure	FLIC	Functional Living Index for Cancer
DBRPCT	Double-blind randomized placebo- controlled trial	FMD	Flow-mediated dilatation
DD	Depression Detection	FNMRA	Federation of Naturopathic Medical Regulatory Authorities
DHA	Doxosahaenoic acid	FODMAP	fructo-, oligo-, mono-saccharides and polyols
DHEA	Dehydroepiandrosterone		
DMSA	Dimercapto succinic acid	FPG	Fasting plasma glucose
DNA	Deoxyribonucleic acid	FQ	Fatigue Questionnaire
Do-P	double product (heart rate X MAP/100)	FRD	Fatigue Reduction Diet
DSM-5	Diagnostic and Statistical Manual of Mental Disorders, 5th Edition	FSH	Follicle stimulating hormone
DUFA	Double-up food bucks	g	Grams
EBM	Evidence-based medicine	GAD	Generalized Anxiety Disorder
EBP	Evidence-based practice	GAD-7	Generalized Anxiety Disorder – 7 item scale
EC	Enteric coated	GAF	Global Assessment of Functioning
eCCS	Erythrocyte CCS	Gf	Gluten free
EDTA	Ethylenediaminetetraacetic acid	GGT	Gamma-glutamyl transferase
EGCG	Epigallocatechin-3-gallate	GHC	General health curriculum
eGFR	Estimated glomerular filtration rate	GI	Gastrointestinal
ELSP	Exercise-based Life Style Modification Program	GIQLI	Gastrointestinal Quality of Life Index
EMRO	Eastern Mediterranean region	GIS	Global Improvement Scale
EORTC	European Organisation of Research and Treatment of Cancer	GSDS-II	Groningen Social Disability Scale
EPA	Eicosapentaenoic acid	GSH	Oral glutathione
EPI	Electrophotonic imaging	HADS	Hospital Anxiety and Depression Scale
EQ-5D	EuroQoL questionnaire	HAM-A	Hamilton Anxiety Rating Scale
ERDA	Emotional/Rational Disease Acceptance Questionnaire	HAM-D	Hamilton Depression Rating Scale
ERQ	Emotional Regulation Questionnaire	Hb	Hemoglobin
eSOD1	Erythrocyte superoxide dismutase	HbA1C	Blood glycohemoglobin
ESR	Erythrocyte sedimentation rate	HBOT	Hyperbaric oxygen treatment
ESS	Epworth Sleepiness Scale	HC	Healthy controls
ETCO2	End-Tidal Carbon Dioxide	HCAHPS	Hospital Consumer Assessment of Healthcare Providers and Systems
EUC	Enhanced usual care	HCT	Hematocrit
EURO	European region	HCV	Chronic hepatitis C
FACIT	Functional Assessment of Chronic Illness	HCv	Homocysteine
		HCSE	Horse chestnut (<i>Aesculus hippocastanum</i>) seed extract
		HDL	High density lipoprotein

Appendix III: Abbreviations

HETE	Hydroxyeicosatetraenoic acid	MADRS	Montgomery-Asberg Depression Rating Scale
HF	Heart failure	MANE	Morrow Assessment of Nausea and Emesis
HF	High frequency (band 0.15-0.5Hz)	MANSA	Manchester Quality of Life Scale
HIT	Headache Impact Test	MAP	Mean Arterial Pressure (DBP + 1/3 PP)
HIV	Human immunodeficiency virus	MARM	Manual Assessment of Respiratory Motion
HOMA-IR	Homostasis Model Assessment Insulin Resistance	MASC	Multidimensional Anxiety Scale for Children
HR	Heart rate	MBSR	Mindfulness-based Stress Reduction
HRV	Heart rate variability	MCID	Minimal Clinically Important Difference
hs-CRP	High sensitivity C-reactive protein	MCT	Medium chain triglyceride
HTA	Health technology assessment	MDA	Malondialdehyde
HTN	Hypertension	MDD	Major depressive disorder
HV	Healthy volunteers	MDT	Mechanical detection threshold
IADL	Instrumental Activities of Daily Living	MENQoL	Menopause Specific Quality of Life Questionnaire
IAYT	Integrated approach of yoga therapy	MFI	Multidimensional Fatigue Inventory
IBD	Inflammatory bowel disease	Mg	Magnesium
IBDQ	Inflammatory Bowel Disease Questionnaire	MINI	ICD-DSM Mini International Neuropsychiatric Interview
IBS	Inflammatory bowel syndrome	MMP-9	Matrix metalioproteinase-9
IBS-SSS	IBS-Symptom Severity Scale	MMSE	Mini-Mental State Exam
ICU	Intensive care unit	MoH	Ministry of Health
ICWP	Integrative cardiac wellness program	MOSES	Monitoring of Side Effects System
IFG	Impaired fasting glucose	MPS	Mental, Physical and Spiritual Wellbeing Scale
IGT	Impaired glucose tolerance	MS	Multiple sclerosis
IHGT	Isometric Hand Grip Test	MSAS	Memorial Symptom Assessment Scale
IHME	Institute for Health Metrics and Evaluation	MSK	Musculoskeletal
IHN	Inositol hexaniacinate	MSM	Methylsulfonylmethane
IHT	Intermittent hypoxic training	Mth	Month
IL	Interleukin	MYMOP	Measure Yourself Medical Outcome Profile
IQ	Intelligence quotient	MUFA	Mono-unsaturated fatty acids
ISI	Insomnia Severity Index	n	Number
ISQUA	International Society for Quality in Health Care	n3PUFA	Omega 3 polyunsaturated fatty acids
IYN	Integrated yoga and naturopathy	n6PUFA	Omega 6 polyunsaturated fatty acids
IYNT	Integrated yoga and naturopathic therapy	n9MUFA	Omega 9 monounsaturated fatty acids
JAMA	Journal of the American Medical Association	NA	North America
K-10	Kessler-10 Scale of Psychological Distress	NABH	National Accreditation Board for Hospitals and Healthcare Providers
LA	Lipoic acid	NABNE	North American Board of Naturopathic Examiners
LATR	Leucocyte antigen test results	NAC	N-acetyl cysteine
LBM	Lean body mass	NAFLD	Non-alcoholic fatty liver disease
LBP	Lower back pain	NC	Naturopathic care
LcS	Lactobacillus casei strain	NCC	Naturopathic community care
LDL	Low-density lipoprotein	NCD	Non-communicable disease
LF	Low frequency band (0.05-0.15 Hz)	ND	Naturopathic doctor
LF/HF	Ratio of low frequency to high frequency	NDI	Neck Disability Index
LFT	Liver function tests	NICHE	Novel Interactive Cell-phone technology for Health Enhancement
LGBTQ2SIA	Lesbian, gay, bisexual, transgender, transsexual, queer and questioning, two-spirit, intersex, asexual plus people	NIH	National Institute of Health
LH	Luteinizing hormone	NMD	Naturopathic Medical Doctor
LHBT	Lactulose hydrogen breath test	NN50	The number of interval difference of successive NN intervals greater than 50 ms
LMT	Lactulose mannitol test	np	Neck pain
LSEQ	Leeds Sleep Evaluation Questionnaire	NP	Naturopathic practitioner
M-SACRAH	Modified Score for the Assessment and Quantification of Chronic Rheumatoid Affections of the Hands		
MAAS	Mindful Attention Awareness Scale		

Appendix III: Abbreviations

NPI	Neuropsychiatric Inventory	PUFA	Poly-unsaturated fatty acids
NPQ	Neck Pain Questionnaire	QALY	Quality-adjusted life year
NPS	Neuropathic Pain Scale	QD	Per day
NPT	Naturopathic physical therapy	QLI	Quality of Life Index
NQ	Nijmegen Questionnaire	QODD	Quality of Dying and Death Instrument
NS	Not statistically significant	QoL	Quality of Life
NSAIDs	Non-steroidal anti-inflammatory drugs	QSANS	Quick Scale for the Assessment of Negative Symptoms
NT proBNP	B-type natriuretic peptide	QSAPS	Quick Scale for the Assessment of Positive Symptoms
OCD	Obsessive compulsive disorder	RBC	Red blood cell
ODI	Oswestry Disability Scale	RBG	Random blood glucose
OGTT	Two-hour post-oral glucose tolerance test	RCT	Randomized Control Trial
OR	Odds ratio	RDA	Recommended daily allowance
ORAC	Oxygen radical absorbance capacity	RFT	Renal function test
OQ45	Outcome Questionnaire 45	RMDQ	Roland Morris Disability Questionnaire
PAID	Problem Areas in Diabetes	RMSSD	The square root of the mean of the sum of the squares of differences between adjacent NN intervals
PANAS	Positive and Negative Affect Schedule	ROM	Range of motion
PASAT	Paced Auditory Serial Addition Test	RPP	Rate pressure product
PBRN	Practice-Based Research Networks	RRI	Instantaneous Heart Rate, the mean of the intervals between adjacent QRS complexes
PCAQ	Perceived Control of Asthma Questionnaire	RRMS	Relapsing-remitting multiple sclerosis
PCORI	Patient-Centered Research Outcomes	RTA	Revised Test Anxiety Scale
PCOS	Poly-cystic ovary syndrome	sAA	Salivary alpha-amylase
PD	Parkinson's disease	SAFTEE	Systematic Assessment for Treatment Emergent Effects
PDD-BI	Pervasive Developmental Disorder Behaviour Inventory	SAMe	S-adenosylmethionine
PDQ-39	Parkinson Disease Questionnaire 39 Items	SANS	Scale for Assessment of Negative Symptoms
PEFR	Peak expiratory flow rate	SAPS	Scale for Assessment of Positive Symptoms
PG2hr	Plasma glucose two hours	SAS	Severity of Autism Scale
PGI	Patient Global Impression Scale	Sb	Single blind
PGI-I	Patient Global Impression of Improvement	SBC	Scale of Body Connection
PHQ-9	Patient Health Questionnaire Depression Screener	SBL	Pain Perception Scale from the German Pain Questionnaire
pNN50	Proportion derived by dividing NN50 by the total number of NN intervals	SBP	Systolic blood pressure
PNPIC	National Policy on Complementary and Integrative Practices	SC	Standard care
PNQ	Patient Neurotoxicity Questionnaire	SCB	Substantial clinical benefit
POM	Pain on movement	SCCS	Social Cognitive Composite Scale
POMS	Profile of Mood States	SCID	Structure Clinical Interview for DSM
PP	Pulse pressure	SDQ	Strength and Difficulties Questionnaire
PPPG	Postprandial plasma glucose	SDSCA	Summary of Diabetes Self-Care Activities
PPT	Pressure pain threshold	SEAR	South East Asian Region
PR	Pain at rest	SEBQ	Self-Evaluation of Breathing Questionnaire
PR	Pulse rate	SF-12	Short-Form Health Survey – 12 item
PRECIS-2	Pragmatic Explanatory Continuum Indicator Analysis	SF-36	Short Form Health Survey – 36 item
prn	Pro re nata (as needed)	SFA	Saturated fatty acids
PROMIS	Patient Reported Outcomes Measure Information System	SFVAS	Sexual Function Visual Analogue Scale
PRT	Progressive resistance training	SGOT	Serum glutamic-oxaloacetic transaminase
PSA	Professional Standards Authority	SGPT	Serum glutamic-pyruvic transaminase
PSQ	Perceived Stress Questionnaire	SI	Symptomatic interventions
PSQI	Pittsburg Sleep Quality Index	SIBO	Small intestine bacterial overgrowth
PSWQ	Penn State Worry Questionnaire	sig	Significant
PT	Psychotherapy	sigA	salivary Immunoglobulin A
PTE	Potentially toxic element	SLE	Systemic lupus erythematosus
PTQ	Perseverative Thinking Questionnaire	SNOT	SinuNasal Outcome Test
PUCAI	Pediatric Ulcerative Colitis Activity Index		

Appendix III: Abbreviations

SoP	Scope of Practice	UC	Usual care
SPADI	Shoulder Pain and Disability Index	UC	Ulcerative colitis
SPN	Sensory peripheral neuropathy	UCT	Uncontrolled trial
SRNI	Serotonin reuptake inhibitor	UPDRS	United Parkinson's Disease Rating Scale
SSNT	Southern School of Natural Therapies	USA	United States of America
SSRI	Selective serotonin reuptake inhibitor	VAS	Visual Analog Scale
SST	Symptom Severity Scale	VDT	Vibration Detection Threshold
STAI	State Trait Anxiety Inventory	VSL	Brand of probiotic supplement
STAI-S	State Trait Anxiety Inventory – State	WAZ	Weight-for-age Z-score
STBI	Severe traumatic brain injury	WBS	Warwick-Edinburgh Mental Well-being Scale
SUS	Integrated National Health System of Brazil	WISC-R	Weschler Intelligence Scale for Children-Revised
T&CM	Traditional and complementary medicine	WHO	World Health Organization
TA	Transaminases	WHOQoL-BREF	World Health Organization Quality of Life – BREF Questionnaire
TAS	Test Anxiety Scale	Wk	Week
TBI	Traumatic brain injury	WNF	World Naturopathic Federation
TC	Total cholesterol	WOMAC	Western Ontario and McMaster Universities Osteoarthritis Index
TCM	Traditional Chinese medicine	WPR	Western Pacific Region
TG	Triglycerides	WSAS	Work and Social Adjustment Scale
TIBC	Total iron binding capacity	YBOCS	Yale-Brown Obsessive Compulsive Scale
TID	Three times a day	YLSP	Yoga-based Lifestyle Modification Program
TIDR	Template for Intervention Description and Replication	YRMQ	Yi Ren Medical QiGong
TNF	Tumor necrosis factor	Zn	Zinc
TNS	Total Neuropathy Score	↑	Increase in symptoms
TOI	Taxane Trial Outcome Index	↓	Decrease in symptoms
TOVA	Test of Variables of Attention		
TS	Transferrin saturation		
TSH	Thyroid stimulating hormone		
Tx	Treatment		

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Appendix VI: World Naturopathic Federation Publications and Policy Statements

Since its inception, the World Naturopathic Federation (WNF) has produced several publications and policy statements to guide and support the global naturopathic profession. Publications, as of 2021, are listed below with the full documents accessible via the WNF website (www.worldnaturopathicfederation.org/wnf-publications).

Publication title	Year published	Language/s
WNF Report: Impact of Our Rapid Reviews	2021	English Spanish
WNF Naturopathic Educational Program Report	2021	English
WNF Technology Enhanced Education	2021	English
WNF White Paper: Role of Naturopathic Practice within a global Pandemic	2020	English French German Italian Norwegian Portuguese Slovenian Spanish
WNF Naturopathic Journal Report	2020	English
WNF Naturopathic Book Report: A Comprehensive List of Books Written by Naturopaths/Naturopathic Doctors	2020 (v.1 published 2019)	English
WNF Update: Novel Coronavirus disease 2019 – CoV	2020 (v.1 published 2020)	English Spanish
Global Naturopathic Regulation	2019	English
WNF Terminology Document: Defining Naturopathic Terms	2019	English Norwegian
Research Written by Naturopaths/Naturopathic Doctors	2019	English
WNF Response to the Astana Declaration	2019	English
WNF Education and Credentials	2018	English
Naturopathic Books on Philosophy, Principles & Theories	2018 (v.1 published 2016)	English
WNF White Paper: Naturopathic Philosophies, Principles and Theories	2017	English Portuguese Slovenian Spanish
Defining the Global Naturopathic Profession	2017	English Spanish
WNF Strategic Plan 2019 & 2022	2017	English
2016 Naturopathic Numbers Report	2016	English
WNF Naturopathic Roots Report: Findings from the Naturopathic Roots Committee Survey	2016	English
WNF Report: Findings from the 1st World Naturopathic Federation survey	2015	English

Appendix VI: World Naturopathic Federation Publications and Policy Statements

Policy statement title	Year published	Language/s
WNF Natural Medicine Policy Statement	2019 (v.1 published 2016)	English Spanish
WNF Guidelines for Professional Naturopathic Organizations	2018	English Spanish
WNF Self-Governance Guidelines for Naturopathic Organizations	2018	English Spanish
WNF Terminology for Professional Formation	2017	English Spanish
WNF Policy on Regulation	2017	English Spanish
WNF Policy Statement on Federations	2016	English Spanish
Naturopath/Naturopathic Doctor Q&A	2016	English